

SSPE DISTINGUISHED VISITING SCHOLAR LECTURES



香港中文大學
The Chinese University of Hong Kong



Department of Sports Science
and Physical Education
Faculty of Education

Lecture 1 **“Overcoming the Urge to Conserve: How to Shift People from Sitting to Moving”**

Date: 10 February 2018 (Saturday)

Time: 9:30 - 11:30 am

Venue: LT6, Yasumoto International Academic Park (YIA)
The Chinese University of Hong Kong

Lecture 2 **“Can Understanding the ActivityStat and Activity Spectrum Help to Increase Physical Activity Levels in Youth?”**

Date: 12 February 2018 (Monday)

Time: 7:00 - 8:30 pm

Venue: LT3, Esther Lee Building (ELB)
The Chinese University of Hong Kong

Professor Salmon’s program of research focuses on understanding and promoting children’s and adults’ physical activity and sedentary behavior. Professor Salmon has been a Chief Investigator on 31 nationally-funded studies worth approximately \$16 million and 14 international studies (including the NIH) worth US\$7.7 million. With an H-Index of 65, she was a Thomson Reuters Highly Cited Researcher in 2015 and 2016 placing her in the top 1% most cited for her subject field and year of publication.



Jo SALMON

Alfred Deakin Professor
Co-Director, Institute for Physical Activity and Nutrition
School of Exercise and Nutrition Sciences
Faculty of Health, Deakin University*

*Ranked the #1 sports science school in the world according to the prestigious Academic Ranking of World Universities



FREE ADMISSION

Online Registration (First come first served)

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Organizer:

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These lectures have been made possible by a
generous donation from Mr. Jimmy Chan